



LILCA NEWSLETTER

Summer 2009

Long Island Lactation Consultant Association

www.lilca.org

LILCA Executive Board Members

President

Donna Kimick
(516)799-7911

Dknyli14@aol.com

Vice President

Joy Padula
(516)705-8790

NATER@optonline.net

Recording Secretary

Jeanne Dejak
(516)887-4716

jeannedejak@msn.com

Corresponding Secretary

Jeanne Rosser
(516)449-8776

jeannerosser@hotmail.com

Treasurer

Andrea Hopkins
(516)779-5050

andrea.hopkins@medela.com

Past President

Dawn Frank
(631)669-6272

dawnfrankn@verizon.net

LILCA Happenings

June 16, 2009 LILCA/ALP Meeting

Our general membership meeting was held on June 16, 2009, 9am -2pm at Good Samaritan Hospital. Members of ALP and LILCA presented a discussion group with the topic: "The Culture of Infant Feeding in the United States: History of Infant Feeding, How Hospitalization of Birth Affected Breastfeeding and the Transition to Home". A lively discussion ensued and cerps were awarded.

Sept 29, 2009 General Membership Meeting

Our next general membership meeting will be held on Sept. 29, 2009, 7PM at the business office of Salmon LLC in Mineola. The guest speaker is Julie Bouchet-Horowitz and her topic is **Adoptive Nursing and Re-lactation**. Cerps will be awarded and please r.s.v.p to jeannerosser@hotmail.com if you plan to attend.

From the President's Desk

As the present board's term is coming to an end, the board members would like to convey our heartfelt appreciation for all your cooperation. The nominating committee is still looking for members to nominate. If you are interested in working with the board please contact them **ASAP**. Three board members have agreed to re run and have been nominated – President, Corresponding Secretary, and Recording Secretary. Vice President and Treasurer positions need to be nominated.

We have had a wonderful two years working together and would love to keep our focuses going in the same direction. We are very excited about two of those; Our ILCA sponsorship of the doctor in Nigeria, and our biggest project yet - working on getting "**The Business Case for Breastfeeding**" implemented in our community.

We look forward to working with all of you in the future.

Regards,
Donna and the Board



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2009 LILCA Calendar

Sep. 29, 2009

GMM

7 PM

Topic: Adoptive
Nursing

Location: Bus. Office
of SalmonLLC in
Mineola

Nov 17, 2009

GMM

7 PM

Topic: TBA

Location: Bus. Office
of SalmonLLC in
Mineola

News You Can Use

ALP/LILCA WBW Luncheon

LILCA and ALP hosted our annual letter writing competition for the breastfeeding moms and babies we have served in the last year. The luncheon was held on August 3rd, 2009, at the Dolan Health Center in Huntington. It was attended by over 85 LCs, moms, babies and guests. The highlight of the afternoon was the letters read by the breastfeeding moms with babes in arm. Many were so overwhelmed by their breastfeeding experiences that they could hardly continue reading. Kathy Vandeventer did a great job as master of ceremonies.

Grant Application

LILCA is re-submitting our application for "The Business Case for Breastfeeding" grant in partnership with the Nassau County Dept of Health (NCDOH) for the October program. We did not get accepted into the August grant. Due to certain stipulations the department of health required a "partner" in order to obtain grant monies to help implement their lactation room. LILCA will be in control of purchases and will also donate monies (half of \$500 grant is required) and "in kind" support. "In kind" will include seminars and education as well as our resource guide being distributed. This could enable LILCA more sites through the county in the future. The following is a part of the grant application, to help explain more fully.

"LILCA will use grant monies to create user-friendly appeal and host forums to seek input from female employees whose duties require them to work outside of NCDOH facilities. NCDOH has designated a private office as a lactation room. This self-locking office is located in a central area of the building, one room away from a working sink and refrigerator. The room has harsh fluorescent lighting and standard office furniture with a desk, chair, and file cabinet. In order to create a more welcoming atmosphere, this funding will purchase lamps to soften the lighting in the room. The current file cabinets will hold breastfeeding educational materials donated by LILCA members and a copy of LILCA resource guide to be provided in-kind. Grant monies will also be used to purchase a comfortable chair for mothers to relax while pumping as well as a supply of hand sanitizer and single-use cleaning wipes to maintain a hygienic environment. In addition LILCA will also purchase with the grant monies a portable CD player and CDs with soothing music." We will keep you all "abreast" of our achievement with this grant.



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Directions to:

Salmon LLC

220 Old Country Road
Mineola, NY 11501

http://www.salmonllc.com/Jsp/salmonweb/SalmonPage.jsp?page_id=61

For further assistance with directions to the office of Salmon LLC, please click on the above link or see attached directions

Conferences

September 21, 2009

Skin to Skin Breastfeeding
Conference

Nils Bergman, MD, MPH, PhD
**Stony Brook University Main
Campus**

Student Activities Center (SAC)
8 am – 1:00PM

To Register: www.AmedaRegister.com
Event ID: ame88

*Phelps Memorial Hospital in Sleepy
Hollow NY on September 22, 2009. Nils
Bergman, MD, MPH, Ph*

<http://www.amedaregister.com/>

Event ID is: ame80

Wednesday, September 23, 2009

Nils Bergman, MD, MPH, Ph

7:00pm to 9:30pm
Palisades Medical Center
7600 River Rd
North Bergen, NJ 07047

To register send your \$25 check payable to Vicki Hedley at 38 Highland Road, Montvale, NJ 07645. Please include a sheet of paper with your name, address, telephone number

For all upcoming events please visit our website at www.lilca.org

Human Milk in the NICU

Translating Evidence into Practice
South Nassau Communities Hospital
Paula Meier/Diane Spatz
Monday October 26, 2009

7:45 am – 4:45pm

Contact: Andrea Hopkins 516-779-5050
www.nicueducation.com

La Leche League of New York– East presents:

Celebrating the Rhythms of Breastfeeding
and Parenting

Healthcare Provider Seminar
Friday, November 20, 2009
Dr. James McKenna

Breastfeeding and Parenting Conference
November 20, 21, & 22, 2009
Holiday Inn, Albany, NY
<http://www.llnny.com>