

An International Board Certified Lactation Consultant (IBCLC) is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs are certified by the International Board of Lactation Consultant Examiners, Inc. under the direction of the United States Commission of Certifying Agencies.

IBCLCs offer a range of breastfeeding counseling services that may include breastfeeding classes, hospital, office and home consultations, and electric breast pump rentals and sales. Please call for further information.

NASSAU COUNTY

Caryn J. deBrauwere, BA, IBCLC, RLC

Gentle Nurture Lactation
Oceanside NY
(516)647-4808

Jeanne Dejak, RN, IBCLC

Mother's Love Lactation Services
East Rockaway, NY
(516) 599-4742

Cynthia Hervey IBCLC

Stewart Manor, NY
(516)354-0180

Donna B. Kimick, IBCLC, RLC

Lakeshore Lactation Center
Massapequa Park, NY
(516) 799-7911
www.lakeshorelactation.vpweb.com

Kathy Mirra, MEd, IBCLC

Parkside Lactation Center
Massapequa, NY
(516) 797-1033

Lauren G. Macaluso, MD, FAAP, IBCLC

Breastfeeding Medicine Private Practice
Great Neck, NY, (516) 498-2300
www.macalusomedical.com

Joy Padula, RN, BSN, IBCLC

Bellmore Lactation Services
Bellmore, NY
(516) 728-4336

Barbara Sobey, RN, CCE, IBCLC

Lynbrook, NY
(516) 593-7976

South Nassau Communities Hospital

Lactation Resource Center
Oceanside, NY
(516) 632-3466/377-5300

**Debbie Steger-Cohen
IBCLC, MSN, OGNP, CCE**

Great Neck, NY
(516) 487-4112

Kathleen Waldow ,RN, BSN, IBCLC

Perpetua Lactation Services
Floral Park, NY
(516) 270-3159

SUFFOLK COUNTY

Lucia Barthes, MA, IBCLC

Miller Place, NY
(631) 331-3872

Pat Esposito, RNC, MS, IBCLC, LCCE

Blue Point, NY
(631) 363-5944

Grace Harold, RN, BSN, IBCLC, CLE, CCE

Pines Perinatal Education
& Lactation Center
Smithtown, NY
(631) 543-9469

Linda Herman, RN, IBCLC

Melville, NY
(631)491-3866

Jeanne Rosser, BA, IBCLC, RLC

West Suffolk Lactation Center
Amityville, NY
(516)449-8776

The IBCLCs listed are certified by the International Board of Lactation Consultant Examiners. The Long Island Lactation Consultant Association does not endorse any organization, institution or health care provider. 05/23/09

Breastfeeding Support Groups

Queens

Long Island Jewish Medical Center, New Hyde Park
Contact: Sylvia Delaney
(718) 470-7925

Nassau

Lakeshore Lactation, Massapequa Park
Contact: Donna Kimick or Jeanne Dejak
(516) 799-7911/516 599-4742

North Shore University Hospital, Manhasset
Contact: Dawn Frank
(516) 562-4447

Plainview Hospital
Contact: Christine Foley
(516) 719-2365

Gentle Nurture Lactation
Contact: Caryn J. deBrauwere
(516) 647 4808

South Nassau Communities Hosp., Baldwin Annex
Contact: Tricia O'Brien
(516) 377-5310

Winthrop University Hospital, Mineola
Contact: Denise Reilly
(516) 663-2858

Suffolk

Huntington Hosp. Dolan Health Ctr., Huntington
Contact: Ethel Galea
(631) 351-2358

Pines Lactation Center, Smithtown
Contact: Grace Harold
(631) 543-9469

St. Charles Hospital, Port Jefferson
(631) 474-3700

West Suffolk Lactation Center
Contact: Jeanne Rosser
(516) 449-8776

A Lactation Consultant can assist you before and after the arrival of your baby with ...

- Prenatal & postpartum breastfeeding classes
- Flat or inverted nipples
- Concerns about previous breast surgery
- Concerns about prior breastfeeding difficulties
- Latch on difficulty
- Nipple or breast pain
- Breast refusal
- Nursing your premature or adopted Baby
- Breastfeeding your special needs baby e.g. Down Syndrome, cleft lip/palate
- Pumping and storing breastmilk
- Milk supply issues
- Breastfeeding twins and higher order multiples
- Returning to school or work



Breastfeeding Resource Guide

Long Island Lactation Consultant Association

WWW.LILCA.ORG